

# Code of Conduct for Juniors

Galway Triathlon Club wishes to provide the best possible environment for all youth involved in the sport. Young people deserve to be given enjoyable, safe sporting opportunities free of abuse. These participants have rights, which must be respected, and responsibilities that they must accept. Young people should be encouraged to realise they have responsibilities to treat other participants and sports leaders fairly and respectfully.

## Young participants are entitled to:

- Be safe and feel safe.
- Be listened to
- Be believed.
- Have fun and enjoy triathlon.
- Have a voice in relation to their activities within triathlon
- Be treated with dignity, sensitivity and respect.
- Participate equitably and fairly, irrespective of ability, disability, gender, religion, social class, etc.
- Experience competition at a level at which they feel comfortable.
- Make complaints and have them dealt with
- Get help against bullies.
- Say No
- Protect their own bodies.
- Confidentiality

## Young participants should always:

- Treat Sports Leaders respectfully (including supervisors, team managers, sports science personnel, volunteers, technical officials, committee members, tutors, coaches, teachers, etc.)
- Look out for themselves and the welfare of others.
- Always play fairly, and do their best.
- Be organised and on time. Tell someone if you are leaving a venue or competition.
- Respect team members, even when things go wrong.
- Respect opponents, and be gracious in defeat.
- Abide by the rules set down by team managers when travelling to away events, representing the club, school, province, country, etc.
- Behave in a manner that avoids bringing Triathlon Ireland into disrepute.
- Talk to the Lead Officer within the club if they have any problems.

## **Young participants should never:**

- Cheat
- Use violence or engage in irresponsible, abusive, inappropriate, or illegal behaviour.
- Shout or argue with officials, teammates, or opponents.
- Harm team members, opponents, or their property
- Bullying or using bullying tactics to isolate another player or gain an advantage.
- Take banned substances, drink alcohol, smoke or engage in sexual behaviours.
- Keep secrets, primarily if they have caused harm.
- Tell lies about adults / young people.
- Spread rumours.
- Discriminate against other players based on gender, age, disability, social class, religion, race, etc.